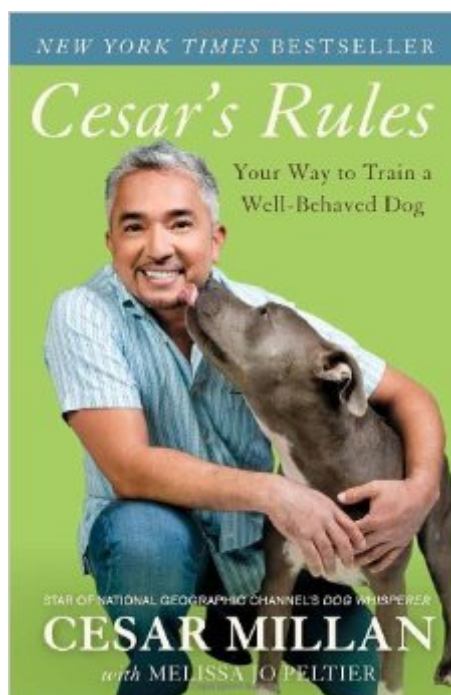


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# Cesar's Rules: Your Way To Train A Well-Behaved Dog



## Synopsis

The training book you've been waiting for from the bestselling author and star of National Geographic Channel's *Dog Whisperer*! Your dog just doesn't seem to listen. You've been through obedience training, but he still can't seem to master the most basic commands. And nothing you do seems to prevent him from misbehaving. "Clients usually come to me when their dogs are ruining their lives, not when they won't sit," says Cesar. "But everywhere I go, people are telling me they are confused about the wide variety of training options and theories out there, and they feel paralyzed because they don't know which to choose." Now, in his usual straightforward, confident manner, Cesar takes on the topic of training for the first time, by explaining the importance of balance as the foundation for a healthy relationship between you and your dog. In order to provide a variety of training options, he calls upon some of the foremost experts in the field to offer their advice so that you can find the perfect approach that works for you and your dog through a variety of methods. Filled with practical advice, anecdotes, tips, and trouble-shooting techniques from Cesar and his colleagues, this is the ultimate guide to a well-behaved and well-balanced dog "from a new puppy to an old dog who can still learn new tricks." *The Only Training Book You'll Ever Need* #1 New York Times bestselling author Cesar Millan shows you how to communicate well with your dog and shares the most effective and humane methods for teaching your dog how to be a happy, well-behaved member of your household. In *Cesar's Rules*, he'll address:

- \* The most popular training techniques, including positive reinforcement and using a clicker
- \* Ways to teach basic obedience commands such as sit, stay, and come
- \* The importance of balance, and why a well-trained dog does not necessarily mean a balanced one
- \* How to use your dog's own natural inclinations to create better behavior
- \* The methods and theories from a variety of renowned trainers, including Bob Bailey, Ian Dunbar, Joel Silverman, Martin Deeley, and Mark Harden
- \* Encouraging and honoring your dog's instincts

And much more . . . From the Hardcover edition.

## Book Information

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## Customer Reviews

With "Cesar's Rules", Cesar Millan has provided a ton of information to dog owners about the history of dog training, various approaches to dog training, and how dogs have contributed to humans as working animals. Oh, and there's some dog training info, too! The book starts off with some background on Cesar. It quickly moves into background and thoughts from many other trainers. This is probably my favorite part of the book (as a professional animal trainer) as I love reading about the other trainers' backgrounds and methods. I also love that Cesar reaches out to many styles of trainers, including those who may disagree with his methods. Throughout the book, Cesar is highly respectful of each trainer's methods, even when he points out that he chooses another method. I also have to admit (and this is my scientific background coming out) that I am thrilled that Bob Bailey was interviewed for this book. So much of modern training comes from the decades of data and thousands of animals that Bob and the Brelands (graduate students of BF Skinner himself) worked with, and yet I meet so many trainers who have never heard of them. Bias aside, I think the variety and quality of trainers interviewed is top-notch, which bodes well for later chapters. I think Cesar gives a very excellent and fair presentation on the use of rewards and punishments in training, allowing each person to have their say. Even when he presents his position, he seems to simply present it as his method, and not The One True Way. Very professional, and I admire him for that. There are a few chapters that give dog owners some broad ideas for training, and then one final chapter which gives information for training a few behaviors.

Cesar's Rules represents a departure from Cesar Millan's earlier books: *Cesar's Way*, *Be the Pack Leader*, *A Member of the Family*, *How to Raise the Perfect Dog: Through Puppyhood and Beyond*. In this book, Cesar's first on dog training rather than dog rehabilitation, Cesar discusses his methods in context with those of other trainers -- and highlights those other trainers in dedicated chapters or when referring to their specialties. In his book he speaks with Dr. Ian and Kelly Gorham Dunbar, flagship representatives of the positive reinforcement school of training; Mark Harden, Hollywood animal trainer (including the two dogs who play the part of Sam in HBO's hit series "True Blood"); Robert Bailey, specialist in clicker training and long-distance or remote training in many

kinds of animals; Bonnie Brown-Cali, trainer in community group obedience classes, service dogs, search-and-rescue, etc.; Joel Silverman, host of Animal Planet's "Good Dog U" and author of What Color Is Your Dog; Martin Deeley, one of the founders of IACP (International Association of Canine Professionals) and the author of Working Gundogs and other experts. Cesar's calm, assertive energy is the star of this book. His willingness to listen as well as teach speaks volumes about the possibility of cooperation among different schools of dog training. The emphasis is on what's good for the dog, how to find it and how to implement it in your life, often with the help of a professional trainer.

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